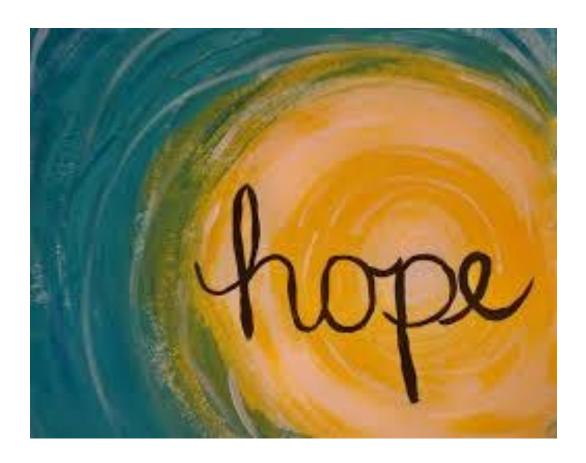
Hope, Part 3 Willpower August 11, 2024





timeless worship + modern faith

TWELFTH SUNDAY AFTER PENTECOST

August 1, 2024

10:00 am

There is a quiet courage that comes from an inward spring of confidence in the meaning and significance of life. Such courage is an underground river, flowing far beneath the shifting events of one's experience, keeping alive a thousand little springs of action. ~ Howard Thurman

People say, what is the sense of our small effort? They cannot see that we must lay one brick at a time, take one step at a time. A pebble cast into a pond causes ripples to spread in all directions.

Each one of our thoughts, words and deeds is like that. No one has a right to sit down and feel hopeless. There is too much work to do. ~ Dorothy Day

Love is what carries you, for it is always there, even in the dark, or most in the dark, but shining out at times like gold stitches in a piece of embroidery. ~ Wendell Berry

Prelude Judy Widrig

Welcome Sharon Benton

We love children in worship—their noises and wiggles are welcome, too. There are pillows and a coloring, book, and play area in the front and in the corner near the windows.

Younger kids may enjoy the Narthex play area. Their movements back and forth are a joy for us as they participate fully.

RINGING THE BELL

*Rise in body or spirit

WELCOME SONG

"Woyaya/We Are Going" by Osibisa

We are going / Heaven knows where we are going / But we know within
And we'll get there / Heaven knows how we will get there / But we know we will
It will be hard we know / And the road will be muddy and rough
But we'll get there / Heaven knows how we will get there / But we know we will

The Story Page

TIME WITH CHILDREN

Joyce Sweeney

During the summer, children are welcome to move about, sharing in the activities in the children's corner or moving to the tables and pillows in the front.

Musical Interlude

Judy Widrig

WE ARE A NURTURING, BELOVED COMMUNITY

Community Prayer by Kate Bowler, Adapted Gail Warren

One Voice: Blessed are we who cannot go on... not like this.

But stand and look and ask...

All Voices: Which is the good way to walk in? Is there an easier route?

One Voice: Blessed are we who listen for the voice that is both thunder and

the softest rain.

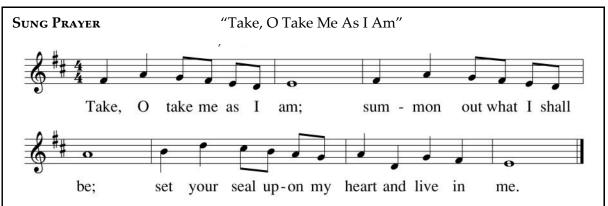
All Voices: Blessed are we, at the point of utter stillness that becomes an

empty space for the voice to echo and build and resound.

One Voice: Until it becomes a place to rest and receive and be made whole. All Voices: And oh, how blessed are we who are astonished to find that

God's strength begins at the very point when ours runs out.

Amen



Text: John L. Bell, b.1949 Tune: John L. Bell, b.1949

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PRAYERS OF THE PEOPLE

Sharon Benton

The Prayer of Jesus

We invite you to use the language for God that is most comfortable for you: "Our Creator," "Our Father" or "Our Mother."

Our Creator
who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done on earth
as it is in heaven.
Give us this day our daily bread,
and forgive us our debts,
as we forgive our debtors.

And lead us not into temptation, but deliver us from evil,
For thine is the kingdom, and the power, and the glory, forever and ever. *Amen*.

If you have a prayer request you'd like to share confidentially with our pastors, have added to the confidential prayer list, or spoken aloud in worship, go to www.fccb.net/contact-us/ to send a message or call the church to talk with a pastor.

We Are Growing Authentic Christian Faith.

A READING FROM SCRIPTURE

Hebrews 12: 1-3

Gail Warren

English Standard Version

SCRIPTURE RESPONSE

Gail Warren

One: For the Word of God in scripture, for the Word of God among us, for the Word of God within us:

All: Thanks be to God.

SERMON "Endurance to Run the Race"

Page

Musical Reflection

"O, Love That Will Not Let Me Go" by George Matheson & Albert Peace Joy Brown

WE ARE LIVING CHRIST-INSPIRED ACTION.

BUILDING HOPE

Announcements & Offering

Sharon Benton

You may make an offering either in the plates at the door or online.

Your generosity allows the work of this place nurture beloved community, grow authentic Christian faith, and live Christ-inspired action. Thank you! There are several ways to give: 1) Give at our website, https://fccb.net/giving/.

2) Mail checks to First Congregational Church, 2401 Cornwall Avenue, Bellingham, WA 98225.

- 3) Use the Breeze app. Download from your app store, set up an account, and give!
- 4) Give by text. Text a dollar amount to (360) 205-1297, and set up your account.
 - 5) Scan the QR code on the back cover of the bulletin.

Musical Offering

"Be Now My Vision"

Joy Brown

by Mary Byrne, Eleanor Hull, David Evans

*Нүмn #497 (black hymnal)	"Guide My Feet"	Guide my Feet
P P	D	
Blessing of Gratitude for Pastor	APAGE	
*Benediction & Passing the Peace		Sharon Benton
Postlude		Judy Widrig
Iudy will play ayietly y	nderneath our connecting with one anothe	r
	go out in peace and justice!	
	, ,	

Hope is the belief that your future can be brighter and better than your past and that you actually have a role in making it better.

-Casey Gwinn & Chan Hellman, <u>HOPE Rising</u>

-Casey Gwinn & Chan Hellman, <u>HOPE Rising</u>
Choose one part of our church's three-part vision : We Are a Nurturing, Beloved Community We Are Growing Authentic, Christian Faith We are Living Christ-Inspired Action
Create a goal , for yourself or for First Congregational Church, that lives into the part of the vision your chose—what might you/we accomplish that shows you/we are moving closer to this vision?
Imagine pathways —name three different routes you can imagine that would take you/us t that goal?
What is one obstacle you foresee for each of the three routes?
Consider agency : what do you/we have, or what might you/we need, to fulfill the plan for this goal?

Share with someone, if you're comfortable doing so—look for common themes or overlaps in what came up for you. Continue the conversation in the social hall or with someone later this week!

Open and Affirming (ONA): As an Open and Affirming congregation believing in a loving God, all people are welcome in this church without regard to gender, race, ethnicity, economic or social status, sexual orientation, or gender identity.

We Try To Use Language which will help people feel included in our worship. Since not everyone is comfortable with the same language, we invite you to amend the words of the service as we sing and pray if they do not adequately express your faith. We invite you to assist us in creating new expressions of our common faith and life together.

Technical Support: If you need help streaming our worship services or connecting in other ways, please let us know.

Appointments with Pastoral Staff

Pastoral staff are available by appointment virtually or in person.

Contact them by email or call the pastoral care line,

360-733-4255.

Sharon **sharon@fccb.net**Davi: **davi@fccb.net**

Davi's office hours will be on Sunday, Monday, & Tuesday

You can also email our Office Manager Cydne at **office@fccb.net** and she'll pass your message on.

FIRST CONGREGATIONAL CHURCH United Church of Christ

An Open & Affirming Congregation 2401 Cornwall Avenue, Bellingham, WA 98225 Church Office: 360-734-3720

24/7 Emergency Pastoral Care: 360-733-4255office@fccb.net • www.fccb.net
Facebook: facebook.com/fccbucc

Office Hours: 10:00 am-4:30 pm

LEAD PASTOR: Sharon Benton, she/her PASTOR: Davi Weasley, they/them CHURCH SCHOOL COORDINATOR: Josh Marchand, they/them ORGANIST: Judy Widrig, she/her OFFICE MANAGER: Cydne Cochran, she/her CUSTODIAN/MAINTENANCE: Kurt Aagard, he/him BOOKKEEPER: Eric Bowen, he/him WORSHIP MEDIA COORDINATOR: Georgia Drost, she/they MODERATOR: Scott Ward, he/him PAST MODERATOR: Mark Schofield CLERK: Janet Malley, she/her TREASURER: Craig Jennings OneLicense #A-718199 CCS #12615

